

AFSES DAY ZERO PROGRAMME, ICSES 2026, VANCOUVER ,TUESDAY 22 SEPTEMBER 2026

Time	Presenter	Topic	Session
CHAIRPERSONS: Ali Makdssy, Abdelsalaam Eid, L. Rajah (ARTHROPLASTY)			
7.00-7.05	Ali Shaker	Arthroscopic management of avascular necrosis	ARTHROPLASTY ALTERNATIVE
7.05-7.10	Abdelsalaam Eid	Shoulder arthroplasty in massive rotator cuff tear, Indications and Outcomes	ARTHROPLASTY
7.10-7.15	Ali Makdssy	Anatomic total shoulder – current concept and indication	ARTHROPLASTY
7.15-7.20	Gazi Huri	Is there an indication for hemiarthroplasty of the shoulder	ARTHROPLASTY
7.20-7.25	Ali Makdssy	Optimization of Elevation Internal Rotation and Abduction in RSA: How does implant position affect the range?	ARTHROPLASTY
7.25-7.35	Discussion		
CHAIRPERSONS: Yaser El Safoury, Mohamed Kotb, John Kelly (ROTATOR CUFF)			
7.35-7.40	Yaser Elsafoury	Biological augmentation with Pedicaled bursa for massive rotator cuff repairs	ROTATOR CUFF
7.40-7.45	Mohamed Kotb	Lower trapezius vs LD Transfer...? Long term results	ROTATOR CUFF
7.45-7.50	Kovacs	Why I believe in trans osseous rotator cuff repair, 35 years of experience	ROTATOR CUFF
7.50-7.55	Dr Said Karim	Is arthroscopic subacromial decompression justified?	ROTATOR CUFF
7.55-8.00	Discussion		
8.00-8.05	Humam Jundi	Biological Acromial resurfacing	ROTATOR CUFF
8.05-8.10	Mahmoud Habib	Spoon lesion, a supraspinatus pathology causing superior head migration and secondary impingement, 10 years follow up	ROTATOR CUFF
8.10-8.15	Mohamed Youssef	Arthroscopic trans osseous Biceps tenodesis for Biceps lesion	ROTATOR CUFF
8.15-8.20	Discussion		
CHAIRPERSONS: Sheif Elgamry, Moataz Eldeeb, S. Roche (FRACTURES)			
8.20-8.25	Yaser El Safoury	Long term results for management of lateral third clavicle fractures with bridging hook plate	FRACTURES

8.25-8.30	Loiy ElKhateb	Proximal Humerus fractures, conservative or plate fixation	FRACTURES
8.30-8.35	Ahmed Sarhan	Arthroscopic trans osseous reconstruction of two-part proximal humerus fractures	FRACTURES
8.35-8.40	Basim Fleega	Arthroscopic reduction and trans osseous suture fixation of displaced three- and four-part proximal humerus fractures	FRACTURES
8.40-8.50	Discussion		
8.50-8.55	Moataz Eldeeb	Arthroscopic treatment of elbow fractures (a New Technique of Radial Head Fracture Treatment)	FRACTURES
8.55-9.00	Galal Mansour	Terrible triad injury of the elbow	FRACTURES
9.00-9.05	Rafaoui Abdelrehim	Moroccan experience in treatment of elbow fractures	FRACTURES
9.05-9.10	Discussion		
CHAIRPERSONS: Basim Fleega, John Kelly, Sherif Elgamry (INSTABILITY)			
9.10-9.15	Ahmed Abdelaziz	Arthroscopic bone grafting of Hill Sachs lesion, and transosseous suture fixation	INSTABILITY
9.15-9.20	Belal el Zayat	Recurrent shoulder dislocation with glenoid defect, arthroscopic reconstruction	INSTABILITY
9.20-9.25	Said Karim	Soft tissue repair of Bankart different techniques and prognosis	INSTABILITY
9.25-9.30	Sherif Elgamry	Arthroscopic Modified Neer inferior Capsular shift, more than 20 years follow up, a new classification of multidirectional instability	INSTABILITY
9.30-9.35	Ali Shaker	Arthroscopic superior remplissage combined with supraspinatus tendon reefing for superior Hill Sachs lesion	INSTABILITY
9.35-9.40	Moataz Eldeeb	Instability in high professional athletes; Metal-free Arthroscopic Reconstruction	INSTABILITY
9.40-10.00	Discussion		
CHAIRPERSONS: S. Roche; HP Laubscher; Yaser El Safoury			
10.00-10.10	L. Rajah	Throwing sports in South Africa: A different thrower's shoulder	THROWING ATHLETES
10.10-10.20	P.A. Rachuene	The failed Bankart repair in adolescent athletes: Lessons learned	INSTABILITY
10.20-10.30	Discussion		
10.30-10.40	C. Anley	The past, present and future of surgical planning and PSI in a lower/middle-income country	ARTHROPLASTY

10.40-10.50	S. Roche	"But when can I play again?": A Delphi study on return to play in elite rugby players	RETURN TO PLAY
10.50-11.00	Discussion		
11.00-11.10	JP du Plessis	The spectrum of injury in Adolescent water-polo players' shoulders: MRI findings	SPORT SPECIFIC INJURIES
11.10-11.20	M. Mulder	How stressed out are we? Burnout and Resilience in South African Shoulder and Elbow Surgeons	SURGEON WELLBEING
11.20-11.30	Discussion		
DEBATE		CHAIRPERSONS: JP Du Plessis; M. Mulder; B Fleega	
11.30-11.40	S. Roche	The Latarjet works. Why would I use anything else?	DEBATE
11.40-11.50	TBC	Anatomic reconstruction is the solution. This is why I do an arthroscopic Bankart and Remplissage.	DEBATE
11.50-12.00	Discussion		